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14th April, 5th May, 26th May, 16th June, 7th July, 28th July, 18th, Aug, 8th Sept, 29th Sept, 20th Oct



WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Wholemeal Margherita Pizza & Pasta Salad 	Red Tractor Mild Chicken Curry, Mixed Wholegrain & White Rice 	Roast Chicken, Gravy, Yorkshire Pudding & Mashed Potato or Roast Potatoes	Pork Sausage & Home-baked Potato Wedges	MSC Fish Fingers & Chips
Main Meal Option 2	Macaroni Cheese ^{VG} 	Mild Sweet Potato & Chickpea Curry & Mixed Wholegrain & White Rice ^{VG}  	Quorn Grill, Gravy, Yorkshire Pudding & Roast Potatoes 	Veggie Sausage & Home-baked Potato Wedges 	Cheese Flan, Chips & Ketchup
Vegetables	Selection of Vegetables 	Selection of Vegetables 	Selection of Vegetables 	Selection of Vegetables 	Selection of Vegetables 
Sandwiches, Wraps & Pasta	Freshly Made Sandwich or Wrap with Cheddar, Tuna Mayonnaise or Ham Pasta with Cheese or Tomato & Basil Sauce				
Baked Jacket Potatoes	Jacket Potato with Cheese, Beans or Tuna Mayo. 	Jacket Potato with Cheese, Beans or Tuna Mayo. 	Jacket Potato with Cheese, Beans or Tuna Mayo. 	Jacket Potato with Cheese, Beans or Tuna Mayo. 	Jacket Potato with Cheese, Beans or Tuna Mayo.  
Dessert	Banana Mousse & Orange Smiles 	Marble Sponge & Custard	Strawberry Jelly with Watermelon Slice ^{VG} 	Vanilla Cookie ^{VG}	Iced Sponge Cake with Sprinkles









England's target for 'free sugar' intake for your child
 Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
 On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.